

loveat. organic coffee roasters.

Bitsy Breakfast **GF / VG** 44 / 42

A choice of a free-range egg, farm-style cut vegetables, olives, bread, butter, scallion, and cream cheese. Veggie style is offered with lentil and mangold fritters, tahini, farm-style cut vegetables, olives, and scallion. Served with organic coffee.

An addition of freshly squeezed orange juice / lemonade 10[▮]

Free-Range Egg Omelet, Bread & Butter 18

Shakshuka **loveat.** 48

A slow cooked dish made from free-range eggs and fresh tomatoes. Served with bread, Israeli style salad, tahini, and olives. Offered with organic coffee.

Country-Style Feta Cheese Salad **GF** 42

Dice of feta cheese, fresh tomato, red onion, cucumber, crunchy spring radish, olives, and fresh zaatar. Served with half of an oven baked baguette.

Feta cheese can be changed to tuna or a hard-boiled egg.

Tabule Quinoa and Feta Cheese **GF** 46

Red and white Quinoa mix with pecans, lemon olive oil, Atlantic Ocean salt, scallion, cucumber, thinly sliced bell peppers, cherry tomato, arugula, parsley, mint, dates, walnuts, feta cheese, and spicy chili. Served with tahini

Super Food Salad **VG** 52

Lettuce, red cabbage, arugula, sunflower and radish sprouts, carrot, avocado, chia seeds, Red quinoa, a mix of seeds, and lemon vinaigrette

Wild Rice and Bulgur Super Bowl **GF / VG** 52

Cauliflower, sweet potato, grilled tomato, avocado, red cabbage, arugula, pumpkin seeds, and scallion.

Served with beets crème fraiche, creamed spinach, and tahini

Tofu and Curry Stew **GF / VG** 54

Steamed white rice, broccoli, cauliflower, healthy root vegetables, chopped lemongrass and coconut milk

Toasts

Artisan Whole Multigrain
Sourdough Bread / Gluten-Free



Mozzarella Cheese Toast 42

Butter, fresh tomato, buffalo mozzarella cheese, and full of basil

Emmental Cheese Toast 42

Butter, Emmental cheese, tomato, and fresh spinach leaves

Open-Faced Guacamole Toast 38

Seared slice of bread, guacamole, spicy pepper, and crunchy radish. An addition of soft-boiled egg 5[▮]

Open-Faced Scrambled Egg Toast 32

Seared slice of bread, scrambled eggs, butter, and fine herbs. An addition of smoked salmon 12[▮]

Coffee and a Pastry 20 / 28

Coffee and Muesli or Chia Seeds 36

Coffee and a Small Sandwich 22 / 28

Coffee and a Half Sandwich 28 / 31

Showcase

Baked Frittata **GF** 38

Roasted vegetables, sweet potato, spinach, free-range eggs, **loveat.** Salad, olives, bread, and tahini.

An addition of smoked salmon 10[▮]

Tortilla **VG** 22 / 39

Corn tortilla, red cabbage, fresh lemon juice, virgin olive-oil, avocado (in season), and arugula

Sandwiches

All the sandwiches can be
ordered with gluten-free bread



Omelet 20 / 36

2 free-range egg omelet, arugula, tahini, and fresh tomato

Avocado **VG** 21 / 38

Thin slices of radish and farm-style cut avocado (in season), seasoned with sea salt and virgin olive oil

Sabich Can be ordered without an egg **VG** 21 / 38

Tahini, potato, sea salt, oven baked eggplant, arugula, hard-boiled free-range egg, and fresh lemon juice

Beets 22 / 40

Virgin olive oil, roasted beets, goat cheese, and arugula

Mozzarella 22 / 40

Virgin olive oil, fresh tomato, salt, buffalo mozzarella, and basil

Healthy Tuna 22 / 40

Tahini, virgin olive oil tuna, fresh tomato, red onion, and arugula

Salmon 23 / 42

Smoked salmon, sour cream, sea salt, thin slices of radish, cucumber, lettuce, and fresh lemon

Lentil and Mangold Fritters **VG** 45

Wrapped in tortilla, with tomato salsa and spring greens. A choice of tahini / aioli



Sweet

Chia Seed Pudding 28

Almond milk, coconut cream, chia seeds, date honey, cinnamon, and a mix of nuts

Cheesecake 30

Oven Baked

Muesli 26

Buffalo yogurt, date honey, and a mix of nuts

Fresh Pastries

A Selection of Pastries and Cookies from the Showcase

Coffee

Espresso Short / Double	12 / 10
Macchiato Short / Double	14 / 12
Cappuccino Regular / Large	16 / 14
Latte Regular / Large	16 / 14
Latte Macchiato	16
Cortado	12
Americano Regular / Large	13 / 11
Turkish Coffee	11

Warm Indulgence

Belgian Hot Chocolate	18
Milk Chocolate / Dark Chocolate	
White Hot Chocolate	20
White Chocolate, Espresso, and Cinnamon	
Hot Apple Cider	20
Chocolate and Coffee Mocha	20
Chai Latte with Fine Herbs	20
Tea Infusions	14
Mint and Verbena, Green, Bedouin, Black,	

Coffee by Weight

100% Organic	250 g / 1 kg
Home Blend (Chocolate Cream)	44 176
French Blend	44 176
Turkish Coffee	44 176
Decaf Coffee	48 188
Italian Blend	44 176
Single Bean Coffee (Varies)	48 188



Iced

Cold Brew	16
Iced Americano	16
Cold Coffee	20
Granita	20 / 15
Iced Watermelon	22
Iced Apple and Cinnamon	22
Iced Melon and Ginger	22
Iced Mint Lemonade	25
Banana Almond	25
Banana, milk, almond milk, date honey, and roasted almonds	
Wonderful Roots	25
Apples, carrot, beet, and ginger	
Deep Green	25
Apples, spinach, ginger, lemon, and celery	
Iced Loveat	16
Espresso, cow milk, and Belgian dark chocolate	
Iced Espresso	
Long double espresso from an organic mixture on blended ice	



An addition of alcohol – Arak 12₪ Vodka 15₪

Juice

Our juices are freshly squeezed daily

Orange	20 / 15
Lemonade	14
Grapefruit	14
Carrot	16
Apple	18
Cold Tea	14